



Help us to help the planet!

If you can't reduce your single use plastics, try to recycle them. This way it will be sent away and turned into something new to be used again.

Remember, not all plastics can be recycled.

Find out more by visiting:

www.staffsmoorlands.gov.uk/GreyBin



PLASTIC POLLUTION IS A VERY REAL THREAT TO OUR LOCAL AND GLOBAL ENVIRONMENT - NEARLY FIVE MILLION TONNES OF PLASTIC WASTE IS GENERATED IN THE UK EVERY YEAR.

We can all do our bit to reduce the amount of single use plastics currently used. This toolkit offers tips on items you can change to help reduce plastic waste
#lifewithlessplastic

Plastic pledge



1 Stop using plastic straws – carry a reusable one with you instead

2 Stop using plastic-stemmed cotton buds and use paper ones

3 Stop using single-use plastic bottles – reusable bottles save money and help the environment. Fun bottle designs can also encourage kids to drink more water!

4 Bring my waste home from days out, especially parks and beauty spots

Join us with our **#plasticpledge** to help live a **#lifewithlessplastic**

Get involved

Just a small change can have a big impact on the environment. Even by swapping out one single-use item for an environmentally friendly reusable version, you could help reduce the amount of single-use plastics being used and thrown away.

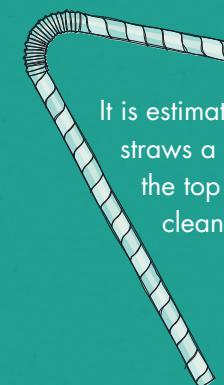
Show us what you are doing to get involved - join the conversation online and on social media **#lifewithlessplastic**

DID YOU KNOW?

80% of plastic in our oceans comes from sources on land. Even if you live miles away from the coast, plastic which isn't recycled correctly could make its way to the sea.



Less than half of plastic bottles used in the UK are recycled



It is estimated the UK uses 8.5 billion straws a year and they are one of the top 10 items found in beach clean-ups



It costs up to £78 million to dispose of plastic not collected for recycling from the UK

How to reduce single use plastics?

15 TIPS TO GET YOU STARTED



1

Bring your own cup to coffee shops - some even offer a discount



2

Use stainless steel drink bottles and refill with tap water - they help to keep your water colder.



3

Invest in some canvas or cotton bags for your shopping and keep them handy.



5

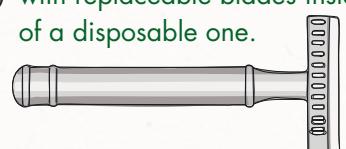
Consider having milk delivered to your doorstep in reusable glass bottles.

4

Buy loose vegetables to reduce plastic use and food waste and you only buy the amount you need.

6

Use an electric razor or a razor with replaceable blades instead of a disposable one.

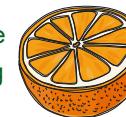


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Use matches instead of disposable plastic lighters or invest in a refillable metal lighter.

9

Make freshly squeezed juice or eat fruit instead of buying juice in plastic bottles.



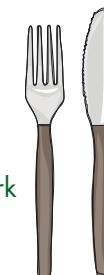
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Invest in a reusable straw and refuse plastic ones. Reusable straws can be washed and reused over again!



10

Store leftovers in glassjars rather than plastic tubs or using cling film.

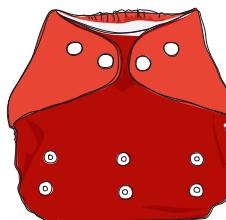


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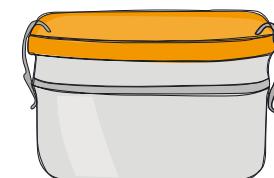
Keep a set of travel cutlery with you at work or in yourbag to avoid plastic cutlery.

12

Make your own cleaning products - this reduces plastic use and is less toxic. A quick online search will bring up many formulas.



Eight million disposable nappies are thrown away every day in the UK! Use cloth washable nappies to save money and reduce your baby's carbon footprint.



15

Pack your lunch in reusable containers.

14

Swap coffee pods for loose coffee grounds - coffee pods are notoriously bad for the environment.

