

A FIVE MILE WALK TO THE WEST OF CHEADLE

Leave the Car Park by the exit to High Street, cross over and turn left. Walk along High Street and then a raised walkway with railings (The Terrace). About 100 yards beyond The Terrace turn right into Park Lane and about 150 yards past the last house on your left (Bluebell Cottage) leave the track by a stile also on your left. The next stile will be seen ahead of you. Cross this and continue in the same direction as you ascend the field. A further stile comes into view as you crest the hill. After crossing this descend the field to a stile in the bottom left hand corner. In the next field turn left and follow the line of the tall hedge/bushes, keeping below the pool and passing a redundant stile, until you come to a stile in a low hedge in front of you.

Cross the stile, turn left and follow the hedge on your left passing two more redundant stiles before reaching a stile by a metal gate. In the next field head to the left of the farm buildings then pass between the buildings and the stream to a stile on to a road. Adderley Mill lies to your right. Cross the road to another stile and, keeping to the right of the electricity pole, ascend the field to its top left hand corner.

Cross the lane and walk along the track in front of you keeping straight ahead firstly through a wooden gate then a metal one near the mature trees. Continue along the track as it rises through the wood and emerges on a road near to houses by a junction (Boundary). Turn left and go straight over at the crossroads, passing (or calling) at The Red Lion public house.

About 100 yards past the pub turn left into a lane called Commonside which, after about a quarter of a mile, deteriorates into a track full of pot holes. There are some abandoned or neglected cars etc. in this area, but to your left there are some pleasant views over the town.

After about three quarters of a mile the track reaches a road where you turn left and in about 150 yards turn right into Harlow Lane. Follow the lane for about 500 yards and, on reaching Litley Dale Bungalow on your right, take a path to your left which descends through a wood. When another bungalow comes into view pass to its right and reaching a driveway turn left for a few yards to a road (New Haden Lane).

Cross over to a stile and in the field keep to the hedge on your right until you come to a stile in the fence. Cross this and descend the field to a footbridge over a stream and then head for the top right hand corner of the next field. At a stile do not cross the old railway track but turn left and follow the path laid between the houses.

When you reach the second (and principal) estate road turn right and follow it to the main road (Town End), turn right and retrace your way back to High Street.

